



30 DAY SPEND LOG

Go Old School with us and write your expenses down.

It is said that if its in the hand, its in the head...Your phone APPS don't do this.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TOTALS
WEEK 1								
WEEK 2								
WEEK 3								
WEEK 4								
TOTALS								